

Growth in
RECOVERY | **GROWTH**
in Community



TRILOGY
BEHAVIORAL HEALTHCARE

FY2010 ANNUAL REPORT





DEAR FRIENDS:

“It is always wise to look ahead, but difficult to look further than you can see.” *Sir Winston Churchill*

Churchill perfectly described our financial situation during Fiscal Year 2010. One of the many challenges we faced was the need to develop an organizational budget without the ability to “see” the future financial decisions the state would eventually make. It was a year in which we persevered as we continued to diversify our funding, collaborate with other organizations and, when needed, draw on our line of credit in order to ensure that we could continue to provide high quality mental healthcare and a future our clients, staff and supporters could “see.”

We have emerged as a stronger organization with a more determined vision to remove barriers and improve access to care for individuals with serious and persistent mental illness. We have expanded our services for adults living with co-occurring substance use issues with funds from the City of Chicago. We provide emergency assistance for clients’ immediate housing and medication needs through the continued support of the Polk Bros Foundation. Through our partnership with Rush College of Nursing, we have made a greater impact on the overall health of our clients by expanding our Integrated Healthcare Program and enhancing our quality healthcare services for all Trilogy clients.

The budgetary woes of our state have not disappeared, but we are resilient and believe that our clients deserve a future they can “see.” With your continued support, we will continue to diversify our funding by applying for federal grants that mirror our mission, to seek partnerships that will assist our clients in their journey of recovery, and to employ evidence-based practices and recovery-focused programming to ensure that our clients receive the best quality behavioral healthcare available.

We appreciate your support and encourage you to continue to raise awareness and reduce the stigma associated with mental illness. Together we can make a difference.

Sincerely,

John Mayes, LCSW
President and CEO

Catherine Barnhart, PsyD
Trilogy Board of Directors, Chairperson

John Mayes, LCSW
President and CEO

BOARD OF DIRECTORS

- Catherine Barnhart, PsyD
Chairperson
- Stephen M. Fatum
Vice Chairperson
- Michael B. Lowe
Finance Chairperson
- Catherine A. Brownlee
Secretary

- Sarah Barnes
- Lauren Breithaupt
- Kevin P. Brown*
- Brett Cochrane
- Christy Bay Fisher
- Bernard Klos
- Cindy Nowinski, MD, PhD
- Rosetta Sullivan
- Hector Torres, PsyD
- Thelma Walker
- Alan Waskin

ADVISORY MEMBERS

- Michel K. Cade
- Lois Catinella-Gates
Illinois HFS Director
- Julie Hamos
- Mary Stoltz
- Susan M. Zbebski

*Past Chairperson






**576 individuals
received services in 2010.**

**"I PLANTED MY ROOTS AT TRILOGY AND
LEARNED TO NOT RUN AWAY WHEN THINGS
GOT TOUGH. TRILOGY HAS HELPED ME
KEEP THESE ROOTS AND GIVEN ME
THE STABILITY I NEED TO GROW." CHRIS C.**

**554 healthcare
screenings
performed
in 2010.**

**12,783 individual
community-direct
service contacts
completed.**



TRILOGY'S MISSION IS TO ASSIST PEOPLE IN THEIR RECOVERY FROM SERIOUS MENTAL ILLNESS BY HELPING THEM DISCOVER AND RECLAIM THEIR OWN CAPABILITIES AND LIFE DIRECTION.

At Trilogy, we believe in the possibility of long-term recovery from mental illness and mental illness with co-occurring substance abuse disorders. We are a recovery-focused organization that has been serving the Chicago community of Rogers Park for almost 40 years. We incorporate evidence-based practices, and we believe that people can and do make good choices for themselves when offered accurate information, a wide-array of recovery options, acceptance, and support.

RECOVERY SERVICES

Recovery Services connects clients living with serious mental illness to much-needed psychiatric services, primary healthcare, counseling, housing, supportive employment, and entitlements in order to begin their journey of recovery. In Fiscal Year 2010, 109 new clients began receiving services and 93% of those clients were linked to psychiatric services, 100% received healthcare screenings, 53% were housed, and 60% received entitlements. Our programs are intended to support and encourage each person to utilize their own strengths and capabilities to achieve independence to the fullest extent possible. Recovery Services gives hope to those who want to reclaim their lives.

COMMUNITY SUPPORT SERVICES

In Fiscal Year 2010, 77% or 12,783 of all of our direct service contacts occurred off-site. We believe that in order for people to have a better opportunity to integrate into their community and develop independent living skills, the services we provide should be provided in natural or community settings—for example, an individual's apartment, a favorite neighborhood café, the corner grocery store, etc. Through community support services and coaching, our clients are encouraged to apply the skills they learn in Trilogy's recovery-focused programs to everyday situations in order to gain greater independence within their community.

INTEGRATED HEALTHCARE PROGRAM

Sixty-one percent of the people who apply for services at Trilogy do not have a primary care physician and have difficulty accessing quality medical care. Trilogy's Integrated Healthcare Program adopts a holistic, multidisciplinary team approach to help reduce barriers to primary care treatment and improve the overall quality of life for more than 550 adults with serious mental illness each year. We accomplish this by performing healthcare screenings for every individual who begins receiving services at Trilogy. Through the provision of these screenings and referrals to accessible primary care, our underserved client community can begin to build a foundation of health and wellness in their lives.

FY2010 FINANCIAL HIGHLIGHTS

REVENUES

| | |
|---|---------------------|
| Fee for Service | \$ 3,221,760 |
| Grants & Contracts | 1,053,301 |
| Cafe Sales | 5,146 |
| Individual/Corporate/ Foundation Contributions | 351,064 |
| Rental Income | 149,370 |
| Gain on Disposal of Property & Equipment | 108,862 |
| Interest & Other | 14,626 |
| Total Support & Revenues | \$ 4,904,129 |

EXPENSES

| | |
|-------------------------------------|---------------------|
| Recovery Services | \$ 2,477,580 |
| Psychosocial Rehabilitation | 586,046 |
| Linkage, Outreach & Triage Services | 647,252 |
| Psychiatric Services | 358,080 |
| Total Program Services | \$ 4,068,958 |
| Administration | 360,990 |
| Fundraising | 147,386 |
| Quality Management | 164,073 |
| Total Program Support | \$ 672,449 |
| Total Expenses | \$ 4,741,407 |
| Net Surplus | \$ 162,722 |

CORPORATE AND FOUNDATION DONORS

(July 1, 2009 through
June 30, 2010)

\$10,000 and Over

Evanston Mental Health
Board
The Field Foundation of
Illinois
Helen V. Brach Foundation
Lloyd A. Fry Foundation
Polk Bros. Foundation
The Rosalyn and Joseph
Perlman Foundation

\$1,000 to \$9,999

Anonymous
Bank of Montreal –
Matching Gift
Barnes & Thornburg LLP
Bristol-Myers Squibb
Company
The Chicago Community
Trust/Meyer Kaplan Fund
Morse “L” Drugs
Patrick and Anna M. Cudahy
Foundation
S & C Foundation
Takeda Pharmaceuticals
The Thomas W. Dower
Foundation
Unitarian Church of
Evanston

Gifts up to \$999

Bank of America –
Matching Gift
Bridgeview Bank
CA Kreid & Associates
Glenola Club of Loyola
Center
Mascoisdealbhaigh Trust
North Shore Printers

Old to New Builders, Inc.
Progressive Truck Driving
School
Rogers Park Business
Alliance
Sikich LLP
Spain, Spain and Varnet P.C.
TEVA Pharmaceuticals
The Chicago School of
Professional Psychology
Vista National Insurance
Group, Inc.

IN-KIND DONORS

A & S Designs
AJRJ Photography
CBS 2 Chicago
Casteel Coffee
Catch 35
Chainsaw Dupont and
the Blues Warriors
Dominick's
Jason Fanning, Art +
Science
GabrielPaul.com
Graham Elliot Restaurant
Greenleaf Art Center
Intercontinental Chicago
Irish Dairy Board Inc.
La Maison Inc.
Lizzie McNeill's Irish Pub
Longwell Hall Bed &
Breakfast
North Shore Printers
Northwestern University
Nostalgia Home Fashions
O.S.A.R. Consulting, Inc.
Ron Lazer Photography
Westin Chicago River
North Hotel
Zero Balancing Wellness
Center



INDIVIDUAL DONORS

(July 1, 2009 through June 30, 2010)

BENEFACTORS – \$1,000 and above

Dr. William & Rev. Dr. Norma Lee Barnhart
Matthew & Elizabeth Connelly
Stephen M. Fatum
Paul & Christine Fisher
Bryant & Elizabeth Harrell
Mike & Jill Lowe

PATRONS – \$500 TO \$999

V. Robert & Ruthanne Baird
In Honor of Carolyn Baird
Sarah J. Barnes
Catherine Barnhart
Catherine Brownlee
Walter S. & Judith Conard
William L. Fischer
Joseph & Margaret Flanagan
John Gergel
Dr. Sara Gotheridge
Nambi E. Kelley
Paul & Nancy Knapp
John & Barbara Mayes
Dr. Rudolph & Erica Roesel
Dr. Paul M. Schyve
Mark & Sherylynn Silvers
Hon. Heather Steans
Thelma Walker
Alan Waskin
James & Katherine Zartman

FRIENDS – \$250 to \$499

George & Linda Bailey
Ann Bosclair
Paul & Michelle Brownlee
Allison Burke
David & Jane Clevenger
Kandis Cossom
Susan Doig
Mary E. Goldberg
Cheryl W. Hammock
Samantha Handley

Wayne Guzy & Martha Holman
Jeffrey A. Jens
Mary E. Johnson
Robert Kent & Dr. Marian Sassetti-Kent
Dr. Daniel Kim
Bernie Klos
Paul & Ruth McMahon
Dr. Cindy Nowinski
Jim & Mary Rooney
Mary Stoltz
Eric C. Strobel
Beverly Magee Traxler

SUPPORTERS – \$100 to \$249

Anonymous
Dale & Esther Alm
Richard & Margaret Arnold
Todd Arnold
Gary Ashman
Herman & Dora Barichello
Patricia Garcia & Julie Barton
Timothy & Bernadette Broccolo
Kevin Brown
Don Quinn Kelley & Sandra L. Burton
Kathryn Chieger
Brett & Kristen Cochrane
Douglas & Phyllis Colby
Deidre C. Drake
Bill & Susanne Dumbleton
Tim & Elaine Feddersen
Robert Gareis
Tom & Cathy Giella
Jeff & Debra Griffith
Gail S. Hanson
Robert Harcourt
Laurie Howick
Chris Isely
Robert & Beth Ann Janssen
Maureen Kelly
Ray Krouse
Sue Larrison
John & Carol McCarthy
Paul & Patty McCarthy
Tom Cramer & Margaret McCarthy
William Metzдорff
Sheldon Patinkin
Richard Pearlman

Neil McFadden & Eileen Pembroke
Denise Peterson
John F. Podliska
James & Laurie Richter
Melvin H. & Torya P. Ridley II
Mary Joyce Robbins
Thomas Weirath & Mary Sajdak
Frank J. Settiani
Gerald & Geri Sherman
Karen Sherman
Rosetta Sullivan
Hector Torres
Elsa S. Vaintzettel
In Honor of Lori Neighbors
Tag & Val Van Winkle
Robert & Kerry Vyverberg
Anthony & Janet Walters
Barbara Weiner
In Honor of John Mayes
Noel Jackson & Courtenay R. Wood
Tim & Lori Young

DONORS – Up to \$99

Anonymous
Daniel Abraham & Megan Roth Abraham
Paula Berger
Jay & Janey Brosten
Juanita Brown
Sean Brown
Dorothy Brownlee
Robert J. Brownlee
Carol Buske
Nicole Capriato
Helen Carlock
Dick & Margaret Castle
Caryn Chalmers
Rick & Janice Daitchman
Tim & Janice Denton
John J. Fatum
Alice Geis
Jeanette Goloff
Jeanette Graburn
Faustino & Margareta Guerrero
Camille Hanson
In Honor of Robyn Brooks
David & Beth Hart
Susan Johnson

Barry & Iris Jutovsky
In Honor of Gary Allen
Bernard & Sandra Kliska
Chakrit & Molly Kongtahworn
John P. & Mary Leonetti
Beatriz Levi
Nancy Little
Deane & Marion Maddocks
The Maness Family
Elizabeth Maniscalco
Eleanore M. McCarthy
Tom & Ann Nash
Antoinette Noti
Paul Nyman
Kevin Montgomery Parker
Lynn Patinkin
Richard & Helen Pavia
Ann Penner
Giannina Riccardi
Eric & Helene Romer
Arnold & Cathy Rothenbaum
Erik Shroeder
Angela Schwartz
Albert E. Serewicz, Jr.
Rella Silvers
Shirley Sonenfeld
Joseph & Roberta Tirilli
Burton Wax
Shirley Woyt
Ellen R. Zemel
Sidney & Rosemary Zwick

MEMORIAL GIFTS

In Memory of Rocco Aquino

Tim & Janice Denton
Antoinette Noti

In Memory of Carol Evelyn Kelley

Don Quinn Kelley & Sandra L. Burton
Nambi E. Kelley

In Memory of Dan Podolsky

Paul Nyman