

**TRILOGY**  
BEHAVIORAL HEALTHCARE



# Annual Report

# Our Mission

Trilogy's mission is to support people in their recovery from mental illness by helping them discover and reclaim their capabilities, life direction and well-being.

# Our Vision

Trilogy's vision is to be the recognized leader in behavioral healthcare and the standard by which other providers measure their progress and success; an organization where each employee has a personal devotion to excellence in service and embraces the highest standards of ethics and integrity, where each person served takes pride in knowing that our organization provides the finest recovery-focused services available and, where each of our funding sources and contributors rests assured that they are getting the best possible return in services for each dollar invested in our organization.

1



# Dear Friends,

Oftentimes in our work, we are programmed to focus on the tasks at hand with hardly any thought or backward glance at the progress made behind us. For this reason, we are proud to present the 2017 Annual Report because it allows us to reflect on the projects and achievements we've accomplished this past year. There is a resounding theme that defines our work, and you will read about ways we respond to the needs of our clients and the mental health community at large.

During this time of reductions and limitations in state and federal funding for mental health assistance and provider shortage, we are especially grateful to the many foundations, corporations and generous benefactors who support Trilogy.

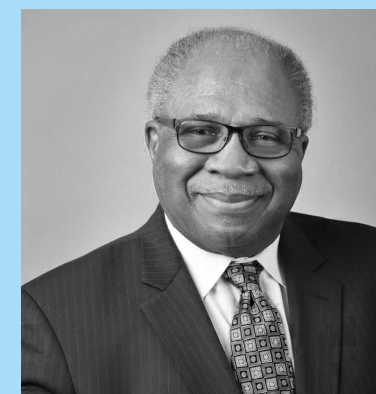
Our organization's rate of growth has continued in terms of programs and number of clients served, despite the decline of the state economy.

This year, Trilogy has assisted nearly 3,000 clients with behavioral health care. The demand for services continues to increase and our staff responds to this need efficiently and effectively, providing a quick response to intakes and appointments that can hopefully prevent more severe health issues down the road.

As we move forward, we will continue to seek out funding to expand services which are a vital component to our mission. It is through your contributions that we are able to continue the important and innovative practices that make Trilogy a leader in the Chicago mental health community.

Thank you for making recovery a reality through your generous donations and commitment to Trilogy.

Sincerely,



*John Mayes*  
**JOHN MAYES, LCSW**  
President and CEO



*Stephen Fatum*  
**STEPHEN M. FATUM**  
Chairperson, Board of Directors

2



# Employing Peers With Lived Experience

The Trilogy Beacon operates seven days a week, 365 days per year, as a community drop-in center for those living with mental illness. In this space, we serve more than 1,500 guests per month, many of them being clients from the community who are homeless or without Medicaid benefits. Overseeing The Beacon are Peer Support Services team members—full-time and part-time Trilogy employees who have established a successful mental health path and completed specific training that enables them to help another person's wellness and recovery by providing peer support. In addition to The Beacon, most programs within the organization have at least one employee with lived experience of mental illness or substance abuse.

Michael Garrett has been employed by the organization since 2012, and as a Certified Recovery Specialist (CRSS) he understands the challenges associated with mental illness. Before experiencing his first episode of psychosis he was a family man and workaholic. After suffering the loss of his second wife who passed away from cancer in 2007, Michael spiraled downward into depression and crack addiction. He was careless about his personal well-being, and even rented out space in his apartment to local drug dealers and crack addicts. A turning point came about when Michael became tired of reliving the events of losing his wife and having friends distance themselves because of his drug addiction. He joined a two-year recovery house program and focused on returning to work, ultimately landing his peer support role with Trilogy full-time. Today, he plays chess with clients in The Beacon, reminds them that he has traveled a similar path, and encourages them to move forward. "I feel blessed to be at Trilogy because they gave me a second chance at life. I feel like I have a purpose that is useful, and I give that to others," Michael says. Building on the Trilogy mission, we seek to provide the people

in the peer recovery community—like Michael Garrett—with a platform to speak with clients from their personal lived experience, give encouragement, and offer assistance on how to achieve and live a long-term recovery.



**“they gave me a second chance at life...”**

—MICHAEL GARRETT

TRILOGYINC.ORG

# A Business Professional and Peer in Recovery

As a member of the Board of Directors, Cheryl Farney offers leadership and guidance in the fulfillment of Trilogy's mission. Cheryl joined Trilogy's Board of Directors in 2014, and has her own lived experience with mental illness.

In 2008, Cheryl was hospitalized for psychosis, mania, depression, and bipolar disorder with psychotic features. With minimal treatment, her mental illness continued and due to those circumstances she stopped paying the rent on her apartment and was evicted. She soon found herself wandering the streets of Chicago with no place to live. This period of homelessness led her to shelter in the Lawson House YMCA for more than three years, where she received consistent dialectical behavior therapy and joined a women's group to support her recovery goals. "I started feeling good and even looking good," Cheryl said.

During her time at the YMCA, Cheryl met two Trilogy employees and shared details of her lived experience with mental illness. They saw Cheryl as a suitable candidate to provide peer support to Trilogy clients and recruited her for a position as a full-time employee in The Beacon, Trilogy's drop-in center. She said, "They really believed in me, and were kind

and supportive." This job afforded Cheryl the opportunity to work with clients one-on-one, and through mentoring from the leadership staff, she saw a bright future for herself.

Cheryl left The Beacon after two years to take on a similar role with the University of Illinois at Chicago in their crisis intervention sector, leading Peer Support Groups. It was important to her that she continue her work supporting underserved people with mental illness, so she joined the Trilogy Board of Directors. Cheryl serves on the Development Committee and credits her board membership as being instrumental in her mental health recovery. It fulfills her desire to let the community know about her experience as a business professional and peer in recovery.



**“they really believed in me...”**

—CHERYL FARNEY

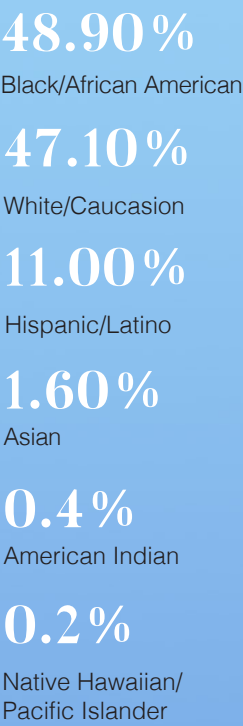


# Client Representation

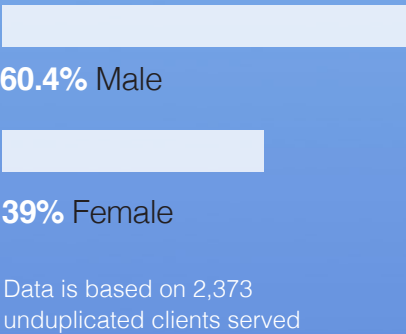
Throughout the organization, we listen to the voices of our clients through the Client Advisory Council (CAC). The CAC consists of 10-12 Trilogy clients who have demonstrated a level of wellness in their personal mental health recovery. The FY2017 chairman is Scott Wajda, who leads discussions and ideas of interest that help Trilogy better understand the needs and expectations of clients. Wajda meets with John Mayes (Trilogy President & CEO) on a monthly basis to communicate meeting outcomes and receive input for next steps in fulfilling client requests.

The CAC meets monthly and has representatives from each program area and service department within Trilogy. It promotes empowerment and self-determination, encouraging members to live a life of purpose and meaning. Not only that, the CAC is also devoted to working on behalf of all Trilogy clients and helping to bring about changes that can positively affect client services overall.

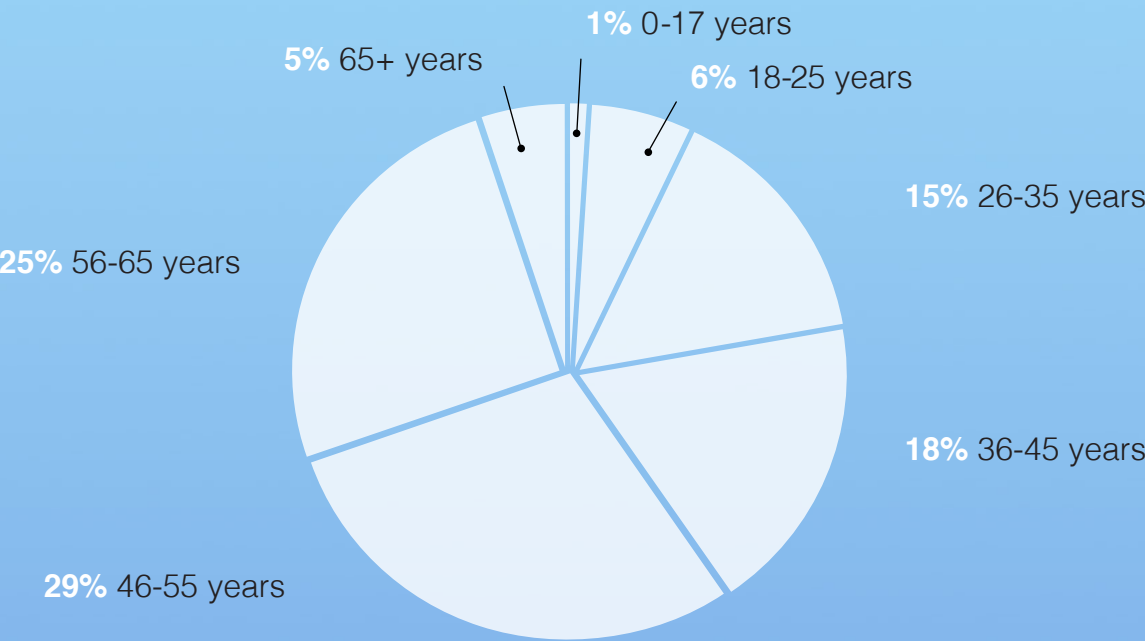
## Clients by Race/Ethnicity



## Clients by Gender



## Clients by Age



# Financial Highlights FY2016-2017

### Revenues

Fee for Service, MCO and Self Pay	\$17,471,424
Federal, State, and Local Grants	\$5,146,817
Misc., Foundation and Other Earned Income	\$497,559
<b>Total Revenues &amp; Financial Support</b>	<b>\$23,115,800</b>

### Expenses

Outreach Services	\$7,527,213
Recovery Services	\$3,675,630
Outpatient Services	\$3,211,469
Housing	\$2,183,006
Intake	\$482,880
Psychiatric Leadership	\$954,976
<b>Subtotal Program Services</b>	<b>\$18,035,174</b>
Fundraising Costs	\$196,030
General Admin Costs	\$4,586,999
<b>Total Expenses</b>	<b>\$22,818,203</b>
<b>Surplus (Deficit)</b>	<b>\$297,597</b>



# Corporate and Foundation Donors

7

## \$10,000 AND ABOVE

Baxter International  
Foundation  
Crown Family  
Philanthropies  
Helen Brach  
Foundation

## \$2,000-\$9,999

AT&T  
Barnes & Thornberg, LLP  
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Heartland Health Centers  
Matsock Insurance &  
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## BENEFACTORS \$1,000+

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Christine Fisher  
Tod Forester  
Erin Grodnick  
Samantha Handley  
Amy Joiner  
Rev. Dr. Norma Lee  
& Dr. Robert Kent

Susan & Tom Laue  
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Marian Sassetti-Kent  
Barbara Shaw  
Cindy Caillavet Sinclair  
Nancy Treiber

## FRIENDS \$250-\$499

George & Linda Bailey  
Jane & David Clevenger  
Walt & Judi Conrad  
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Anita Farney  
Cheryl Farney  
Sarah Fletcher  
Tanya Frieze  
Dr. Alice Geis  
Michael & Patricia Hayes  
Maureen Kelly  
Robert Kent  
Thomas & Pascale  
Kichler  
Daniel Kim  
Matthew Means  
Thomas Miller  
Larry Pusateri  
Margy Roberts  
Berdine Tarver  
Ellen Webber

## SUPPORTERS \$100-\$249

Julie Blankemeier  
Amy Callahan  
Kathleen Delaney  
Allan and Karen Dennis  
Corinne Foster  
Jeffrey Gray  
Carol & Thomas Hentges  
Jane Houle  
Gushy Joseph  
Marguerite Judge  
Raymond Krouse

Kathy Louis  
Charles Malm  
Thomas Mobley  
Sheryl Munoz  
Thomas Nash  
Dr. Val Nowinski  
Kevin O'Connell  
Shama Patel  
Michelle Patterson  
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Christopher Roth  
Kathy Stubblefield  
Tyler Wurst  
David Zalg  
Laura Zeligman

## DONORS UP TO \$99

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Sandra Shovers

## IN-KIND DONATIONS

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Chicago Bulls  
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A Plate to Remember  
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Taverna  
Tipping Point Photography  
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Barbara Weiner  
Barbara Youngberg

8



*Main Location:*

1400 W Greenleaf Ave., Chicago, IL, 60626

Also serving the Chicago communities of Edgewater,  
Lawndale, South Shore, and the surrounding suburbs.

## Leadership

**John Mayes, LCSW**

*President & CEO*

**Samantha Handley, LCPC, CSADC**

*Vice President*

**Richard Adelman, CPA, MBA**

*Chief Financial Officer*

**Dee Atkins, MSJ, CVA**

*Chief Communications & Development Officer*

**Susan Doig, LCSW, CADC**

*Chief Clinical Officer*

**Corinne Foster, LCSW, CADC**

*Special Projects Officer*