

In Crisis? Trilogy is here for you.

Trilogy's First-response Alternative Crisis Team (**FACT**) can help before, during, and after a mental health event. **FACT** provides mobile support, stabilization, and more.

1-800-FACT-400

FACT: Mental illness, addiction, and trauma can be a dark and isolating struggle.

FACT: You never need to be alone during a crisis again.

FACT: Trilogy is here to help during a crisis.

Get help. Call:

800FACT400

(800.322.8400)

to talk to someone now.

What is Trilogy? Trilogy is a nonprofit organization that provides comprehensive integrated care that enables people in mental health recovery to build meaningful and independent lives. Trilogy has been helping people move toward mental health recovery for 50 years.

What is FACT? Trilogy's First-response Alternative Crisis Team (FACT) provides support to individuals in crisis when and where support is needed. Trilogy's mobile crisis response team of mental health professionals will help you stay safe. In addition, we will create a safety plan and determine options for ongoing support.

Where is FACT available? Trilogy's First-response Alternative Crisis Team is currently in the following communities:

Chicago: Rogers Park, Edgewater, West Ridge, and Uptown neighborhoods | Skokie | Evanston

Who should call? Call **911** if you are in an emergency, require medical help or need police. Call **800-FACT-400** if you, a loved one or community member are facing a mental health crisis.

Trilogy will help you put together a plan **NOW** to keep you, your neighbor, or loved one safe. Save this number in your phone – it could help save a life.

FACT is available 24 hours a day, 7 days a week.
FACT is here when you need help.

TRILOGY

TrilogyInc.org
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